

Sunrise Alarm Clock

The brighter and brighter light wake up your



1. Body naturally that leaves you a far more refreshed and energetic.
2. Light Therapy
3. Adjustable brightness of LED display
4. Light Alarm - LED light up from bottom row, then one more row light up and so on. (selectable in 15 / 30 mins before alarm time)
5. All rows light up plus sound alarm at preset time or Sound alarm only
6. Power failure backup

7. Adjustable countdown timer
8. Travel pouch included
9. LED 72 bright LED light bulbs (up to 10000 lux tested at zero distance)
10. Power Operated by AC/DC adaptor included (with certificate)
11. Certificate CE / RoHS
12. Product Size 16 (W) X 13 (H) X 8.5 (D) cm

Light Means Life! Light and its intensity influence many of the processes of life. If we do not get enough lights, we will experience the effects of light deprivation as being unpleasant, and as adversely affecting our quality of life.

In autumn and winter, the seasons with the least sunlight increased symptoms resulting from light deprivation may be experienced. Even standard artificial lighting in buildings cannot compensate for a shortage of natural light. The consequences of this may be depression, lack of drive, interrupted sleep and melancholia – the typical autumn/winter blues – symptoms.

Light therapy offers you a convenient and effective way of compensation for the lack of light without resorting to medication.